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# 2ND GCC HEADACHE & PAIN SUMMIT



PHYSICAL SUMMIT

3 - 4 JUNE 2023

JUMEIRAH EMIRATES TOWERS  
DUBAI • UAE



“DEVELOPMENTS UNDERLINING  
HEADACHE AND PAIN”

EVENT GUIDE

## SESSION 1: Migraine Burden and Pathophysiology

### MODERATORS



Dr. Abdullah Alsalti



Dr. Abdulrazaq Albilali

09:00 AM - 09:10 AM	Welcome Message and Introduction to Plenary Sessions	 Prof. Jasem Al-Hashel
09:10 AM - 09:30 AM	The Burden of Migraine and Diagnostic Gap with Real-life Experience From One Country/Region	 Dr. Taoufik Alsaadi
09:30 AM - 09:40 AM	Patients' Perspective of Living with Migraine in the Gulf Cooperation Council Countries	 Ms. Jawaher Almulla
09:40 AM - 10:00 AM	CGRP Related Mechanisms in Migraine	 Prof. Antoinette Maassen van den Brink
10:00 AM - 10:20 AM	The Role of PACAP in Migraine	 Prof. Simona Sacco
10:20 AM - 10:30 AM	Evaluation of Disease Comorbidity Burden and Health Care Resource Utilization of Migraine in UAE - Real World Claims Dastabase	 Dr. Abubaker Almadani
10:30 AM - 10:40 AM	<b>PANEL DISCUSSION</b>	
10:40 AM - 10:55 AM <small>10:55 AM - 11:00 AM   Q&amp;A</small>	Treating & Preventing Migraine? Now There is a new option - Role of Rimegepant	 <b>MODERATOR</b> Dr. Abubaker Almadani  <b>SPEAKER</b> Prof. Alan Rapoport
11:00 AM - 11:30 AM	<b>COFFEE BREAK</b>	

## SESSION 2: Migraine Management










### MODERATORS



Dr. Derk Krieger



Dr. Walid Alesefir

11:30 AM - 11:50 AM	Current Standard of Care in Migraine Prophylaxis	 Prof. Christian Lampl
11:50 AM - 12:10 PM	Impact of Sex and Age on the Efficacy of CGRP Monoclonal Antibodies	 Prof. Antoinette Maassen van den Brink
12:10 PM - 12:30 PM	Migraine in Pediatric & Adolescence	 Prof. Jasem Al-Hashel
12:30 PM - 12:50 PM	<b>PANEL DISCUSSION</b>	
12:50 PM - 01:05 PM <small>01:05 PM - 01:10 PM   Q&amp;A</small>	One Simple Solution for many Migraine (case studies) - Role of Rimegepant	 <b>MODERATOR</b> Dr. Taoufik Alsaadi  <b>SPEAKER</b> Prof. Alan Rapoport
01:10 PM - 01:25 PM <small>01:25 PM - 01:30 PM   Q&amp;A</small>	Empowering patients through Innovation in Migraine prevention	 Dr. Jessica Ailani
01:30 PM - 01:45 PM <small>01:45 PM - 01:50 PM   Q&amp;A</small>	Unpredictability of Migraine: When is the right time to switch to prevention?	 Dr. Nada Hindiyeh
01:50 PM - 02:05 PM <small>02:05 PM - 02:10 PM   Q&amp;A</small>	Flexibility of treatment on Erenumab	 <b>MODERATOR</b> Dr. Abdullah Alsalti  <b>SPEAKER</b> Dr. Alessandro Terruzzi
02:10 PM - 03:10 PM	<b>LUNCH BREAK</b>	

## SESSION 3: Interventional Approach in Pain Syndrome




### MODERATORS



Prof. Suhail Alrukn



Dr. Mustafa Shakra

03:10 PM - 03:30 PM	Occipital Nerve Stimulator for Occipital Neuralgia and Cluster Headache	 Dr. Tanmoy Maiti
03:10 PM - 03:30 PM	Interventional Pain Management in Lumbar Radiculopathy: Epidural Steroid Injection and Pulsed Radiofrequency Technique	 Dr. Salah Al Ali
03:30 PM - 03:50 PM	Pain Management in Lumbar Radiculopathy: Electrical Neuromodulation Technique	 Prof. Frank Huygen



03:50 PM - 04:10 PM

**PANEL DISCUSSION**

04:10 PM - 04:40 PM

**COFFEE BREAK**



**Dr. Abdulrazaq Albilali**  
MODERATOR

**WORKSHOP 1**

**Botulinum Toxin Injections  
in Migraine and other headache  
disorders (Dummy Workshop)**

**BATCH 1**  
04:40 PM - 05:25 PM

**BATCH 2**  
05:25 PM - 06:10 PM



**Prof. Jasem  
Al-Hashel**



**Dr. Ali Mohamed  
Hassan**

**45 Minutes Interactive Discussion, Q&A Session**

**OBJECTIVES**

To provide healthcare providers with the knowledge and skills necessary to safely and effectively administer Botox injections for the treatment of chronic migraine.

To discuss the evidence-based efficacy of Botox for chronic migraine, as well as its potential risks and side effects.

To provide participants with the opportunity to practice their injection skills on a simulated model.

To answer participants' questions about Botox for chronic migraine.



**Prof. Suhail Alrukn**  
MODERATOR

**WORKSHOP 2**

**Occipital Nerve and Meralgia  
Paresthetica Nerve Block**

**BATCH 1**  
04:40 PM - 05:25 PM

**BATCH 2**  
05:25 PM - 06:10 PM



**Dr. Salah Al Ali**

**45 Minutes Interactive Discussion, Q&A Session**

**OBJECTIVES**

To provide neurologists with the knowledge and skills necessary to safely and effectively perform nerve blocks for the treatment of pain in the occipital region and lateral thigh.

To discuss the evidence-based efficacy of nerve blocks for the treatment of pain in these regions, as well as their potential risks and side effects.

To provide participants with the opportunity to practice their nerve block skills on a simulated model.

To answer participants' questions about nerve blocks for the treatment of pain in the occipital region and lateral thigh.

**SESSION 4: Primary Headache Management**

**MODERATORS**



**Dr. Mohamad Alhatou**



**Dr. Mohammed Saidam**

09:00 AM - 09:20 AM Cluster Headache: Diagnosis Pearls and Treatment Update



**Prof. Uwe Reuter**

09:20 AM - 09:40 AM Trigeminal Neuralgia - Diagnosis and Management



**Prof. Naji Riachi**

09:40 AM - 10:00 AM Management of Refractory Migraine and MOH



**Dr. Shireen Qureshi**

10:00 AM - 10:15 AM **PANEL DISCUSSION**

10:15 AM - 10:45 AM **COFFEE BREAK**

**SESSION 5: Secondary Headache Syndrome**

**MODERATORS**



**Dr. Fatema Abdallah**



**Dr. Abdulrazaq Albilali**

10:45 AM - 11:05 AM Persistent Post-traumatic Headache



**Prof. Christian Lampl**

11:05 AM - 11:25 AM Secondary Headache: Diagnosis not to Miss



**Dr. Deeb Kayed**

11:25 AM - 11:45 AM Idiopathic Intracranial Hypertension (IIH): Diagnosis and Treatment Update



**Dr. Ziad El-Chami**

11:45 AM - 12:05 PM Teleheadache in Neurology - Headache Clinic - Evidence of Benefits



**Dr. Abubaker Almadani**

12:05 PM - 12:25 PM **PANEL DISCUSSION**

12:25 PM - 12:30 PM Closing Remarks

12:30 PM - 01:30 PM **LUNCH BREAK**

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